

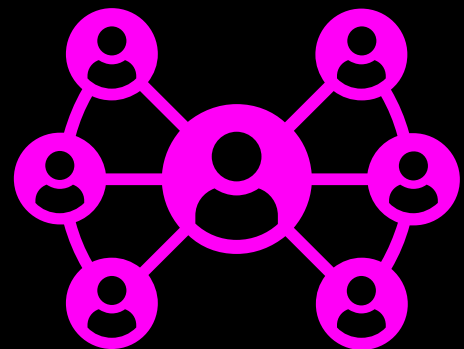


# **SOCIAL MEDIA 101**

Social media has become an integral part of our daily lives. It allows us to connect with friends and family, stay informed about current events, and even share our faith with others.

As Christians, it is important that we use social media in a way that **reflects our values and beliefs**. Here, we will take a closer look at the basics of social media and how to use it in a way that honors God.

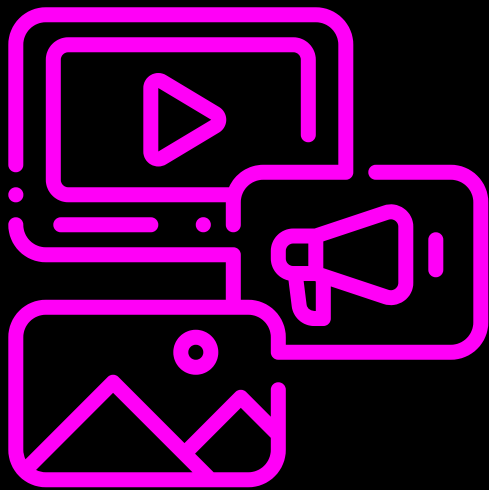
**First and foremost, it is important to remember that social media is a tool, not a replacement for real-life relationships.**



While it can be a great way to stay connected with people, it should never replace face-to-face interactions or genuine human connection.

**As Christians, we are called to love others as ourselves.**

This means that we should use social media to build relationships and to **encourage and uplift others**. This can be done by sharing positive and uplifting content, reaching out to others, and being a supportive and caring presence online.



It's also important to be mindful of the content we are sharing on social media.

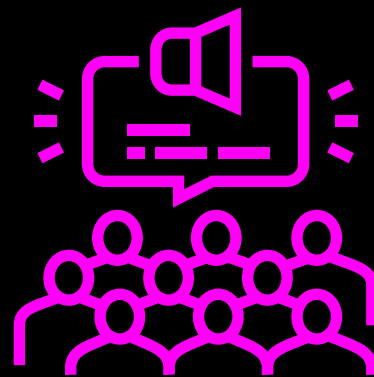
**As Christians, we are called to be salt and light in the world.**

We should be careful about the kind of content we are sharing and that we should strive to share content that is uplifting, positive, and true. This includes avoiding sharing divisive, hateful or fake news.

**Another important aspect of using social media as a Christian is to be aware of how it can affect our own mental and emotional well-being.**

Social media can be a great way to stay connected with people, but it can also be a breeding ground for comparison, envy and feelings of inadequacy. It's important to be mindful of how social media is affecting us and to **take a break** if it's causing more harm than good.

**Lastly, it's important to remember that social media is a public forum.**



As Christians, we should be mindful of the kind of image we are portraying to others and to be careful about what we share.

In conclusion, social media can be a powerful tool for connecting with others, sharing our faith, and building relationships.

As Christians, it is important that we use this tool in a way that **honors God and reflects our values and beliefs.**

This includes building relationships, sharing positive and uplifting content, being mindful of the impact of social media on our own mental and emotional well-being and being aware of the public nature of social media.

**By using social media in this way, we can be a positive influence in the online world and help others to see the love and grace of God.**

# HAVE ANY QUESTIONS?

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